



# February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
8:30 Sit & Be Fit 9:15 Cardio Combo 10:30 Beginner Chess 1:00 Beginner Bridge 1:00 BINGO with The Waterford 1:00 NEW SESSION Bridge Lessons	8:30 Men's Coffee 8:30 Sit & Be Fit 9:15 Cardio Combo 10:00 Tai Chi 10:00 Spanish II 11:00 Spanish I 12:00 Intro. to Spanish 1:00 Line Dancing 1:00 Dominoes	8:30 Sit & Be Fit 9:15 Cardio Combo 10:30 Lessons of Art 12:00 Bridge 1:00 Art & Friends	8:30 Sit & Be Fit 9:15 Cardio Combo 10:10 Beginner Yoga 11:00 Dulcimer 1:00 Line Dancing 1:00 Mahjong 1:00 Mahjong Lessons	9:00 Music Group 9:00 Bible Study 10:30 Hand & Foot 12:00 Dominoes
9	10	11	12	13
8:30 Sit & Be Fit 9:15 Cardio Combo 10:30 Beginner Chess 1:00 Beginner Bridge 1:00 Line Dancing 1:00 NEW SESSION Bridge Lessons	8:30 Men's Coffee 8:30 Sit & Be Fit 9:15 Cardio Combo 10:00 Tai Chi 10:00 Spanish II 11:00 Spanish I 12:00 Intro. to Spanish 1:00 Line Dancing 1:00 Dominoes	8:30 Sit & Be Fit 9:15 Cardio Combo 10:30 Lessons of Art 11:30 Lunch & Learn "Show some love to the City of Brandon" 12:00 Bridge 1:00 Art & Friends	8:30 Sit & Be Fit 9:15 Cardio Combo 9:30 Vet to Vet Cafe 10:10 Beginner Yoga 11:00 Dulcimer 1:00 Line Dancing 1:00 Mahjong 1:00 Mahjong Lessons	9:00 Music Group 9:00 Bible Study 10:30 Hand & Foot 12:00 Dominoes
16	17	18	19	20
SENIOR CENTER CLOSED Presidents' Day	8:30 Men's Coffee 8:30 Sit & Be Fit 9:15 Cardio Combo 10:00 Tai Chi 10:00 Spanish II 11:00 Spanish I 12:00 Intro. to Spanish 1:00 Line Dancing 1:00 Dominoes 1:00 Fat Tuesday Celebration with Visiting Angels King Cake, games & more!	8:30 Sit & Be Fit 9:15 Cardio Combo 10:30 Lessons of Art 12:00 Bridge 1:00 Art & Friends	8:30 Sit & Be Fit 9:15 Cardio Combo 10:10 Beginner Yoga 11:00 Dulcimer 1:00 Line Dancing 1:00 Mahjong 1:00 Mahjong Lessons	9:00 Music Group 9:00 Bible Study 10:30 Hand & Foot 11:30 Luncheon \$10 Black History Month Celebration Featuring our guest speaker Alderman Jarrad Craine and on the Menu: Harvey's Fish 12:00 Dominoes
23	24	25	26	27
8:30 Sit & Be Fit 9:15 Cardio Combo 10:30 Beginner Chess 1:00 Beginner Bridge 1:00 Line Dancing 1:00 NEW SESSION Bridge Lessons	8:30 Men's Coffee 8:30 Sit & Be Fit 9:15 Cardio Combo 10:00 Tai Chi 10:00 Spanish II 11:00 Spanish I 12:00 Intro. to Spanish 1:00 Line Dancing 1:00 Dominoes	8:30 Sit & Be Fit 9:15 Cardio Combo 10:30 Lessons of Art 12:00 Bridge 1:00 Art & Friends 1:00 Snack & Learn "Everything is coming up roses"	8:30 Sit & Be Fit 9:15 Cardio Combo 10:10 Beginner Yoga 11:00 Dulcimer 1:00 Line Dancing 1:00 Mahjong 1:00 Mahjong Lessons 2:00 Book Club	9:00 Music Group 9:00 Bible Study 10:30 Hand & Foot 12:00 Dominoes

\*Purple – RSVP Required   \*Blue – Fitness Classes   \*Red – Fee Required

Need help with filing your taxes? The AARP will be preparing taxes by appointment only at the Brandon Library. There is no fee for this service. Call 601-825-2672 for more information or to schedule an appointment.

## Fitness Class Descriptions

<b>Sit &amp; Be Fit</b> (Beginner) 45 min	Participants remain seated throughout this class. Class format focuses on improved mobility, range of motion, cardio health, and muscle endurance. (45 min)
<b>Cardio Combo!</b> (Beg/Intermediate) 45 min	Low impact standing cardio exercise for improved heart health, coordination, and balance. Class includes standing cardio and seated strength training. (45 min)
<b>Beginner Yoga</b>	Yoga exercises are performed in a series of graceful, rhythmic, slow-motion movements with a brief “holding period” for certain positions while on a mat.
<b>Tai Chi</b> (Beginner) 45 min	A graceful form of exercise used for stress reduction and a variety of other health conditions. A series of movements performed in a slow, focused manner, accompanied by deep breathing.
<b>Line Dancing</b>	Line Dance classes are led by a dance instructor. Choreography is broken down, taught and then applied to music. All levels are welcome!

## Activities

<b>Lessons of Art</b> <b>Art &amp; Friends</b>	Join our instructor to learn the fundamentals of art and then come and enjoy time with friends that share in their love of art. Bring your own projects and supplies.
<b>Bible Study</b>	A meaningful time of Christian fellowship with a guided, nondenominational Bible lesson.
<b>Book Club</b>	<i>The Light Between Oceans</i> by M.L. Stedman
<b>Bridge</b>	We have two Bridge groups active: Experienced Bridge and Beginner Bridge. Any level player is welcome to observe the tables to acquaint themselves with our groups and styles.
<b>Hand and Foot</b> <b>Dominoes</b>	All cards and games are open to all levels. If you are not sure how to play, come and sit alongside an experienced player to learn.
<b>Dulcimer</b>	The Dulcimer is a fretted stringed instrument with 3 or 4 strings that is played by strumming as it sits in your lap. All levels welcome.
<b>Fat Tuesday</b> <b>Mardi Gras</b> <b>Celebration</b>	Laissez les bons temps rouler...let the good times roll!! Join our friends from Visiting Angels for a Mardi Gras Fat Tuesday celebration! Enjoy coffee & king cake, games & prizes too!!
<b>Luncheon</b>	Join us for a Black History Month celebration featuring our guest speaker, Brandon Alderman Ward 1 Mr. Jarrad Craine and as always, the amazing Harvey's Fish is on the menu! Entertainment will be provided by Forever Young Line Dance. Tickets are \$10.
<b>Lunch &amp; Learn</b>	We're here to show our love for the City of Brandon! Come and enjoy lunch and get caught up on all the exciting things that are going on in the city!
<b>Music Group</b>	Join along and jam, play, and sing! Or perfect your skills as an audience member and enjoy the talents of others!
<b>Intro. to Spanish</b> <b>Spanish I</b> <b>Spanish II</b>	You will learn the very basics of the Spanish language such as pronunciation and grammar and practical vocabulary. And when you're ready, you can graduate to Spanish I and II.
<b>Snack &amp; Learn</b>	“Everything is coming up roses!” This is all about roses! How to care for them? When to prune them? What do each of their color's mean? And more. If you have roses or just love roses, come join some of our Master Gardeners to get all the details!
<b>Vet to Vet Cafe</b>	Are you a veteran? Or the spouse of a Veteran? Please join us for the Vet to Vet Café on Thursday, February 12 <sup>th</sup> at 9:30am. The Vet to Vet Café will meet the 2 <sup>nd</sup> Thursday of each month at 9:30am. A light breakfast will be served.